



Allergen legislation improves food availability in a year

Just over 12 months since the EU Food Information for Consumers legislation came into force, HospitalityGEM has revealed that 89% of consumers feel that the availability of 'free-from' foods when eating out has improved.



Restaurants led the operators providing the best choice of dishes, with 72% of respondents to the survey recognising this. 23% of people confirmed they had a special dietary requirement, with vegetarianism being the most commonly reported.

"One year on from the introduction of the EU allergen legislation and it's clear many operators are doing what they can to make consumers more confident when eating out, through clearer communication about ingredients and a greater range of 'free-from' dishes," comments Steven Pike, MD of HospitalityGEM. "However, the identification of staff training as an area in need of improvement should encourage operators to look hard at their sites and how team members are briefed on this important aspect of food service. It should be part of any induction and also revisited regularly as menus and teams change."